

NEW HANOVER HIGHLIGHTS

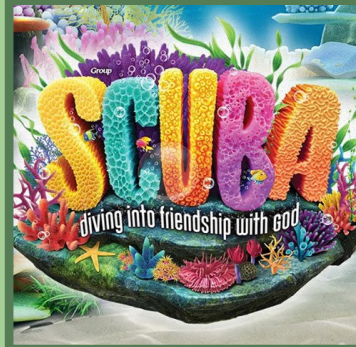
A Publication of New Hanover Evangelical Lutheran Church



Mothers' Day



Camp Falckner



Kids Camp



Reading Phillies

ore Opportunities Explore Opportunities Explore Opportunities Explore Opp

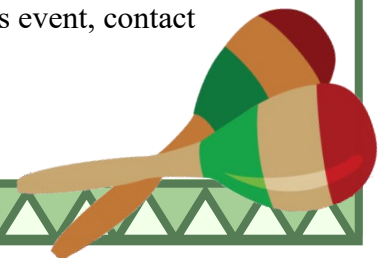
Look Inside

- Pancake Breakfastp. 2
- Car Wash.....p. 2
- Camp Falcknerp. 2
- Kids' Campp. 2
- Book Clubp. 2
- Breakfast Fellowship.....p. 3
- J.A.M.....p. 3
- CROP Walk.....p. 3
- NHELC Gatheringp. 3
- Reading Philliesp. 4
- Cemetery Newsp. 4
- Graduation.....p. 4
- Pictorial Directory.....p. 4
- 325th Anniversaryp. 4
- Anniversary Communion
 - Wine Contest.....p. 5
- Council Cornerp. 5
- Pastor's Message.....p. 6
- Peer Support.....p. 6
- Mental Health.....p. 7
- Pronouns.....p. 7
- Mission Service.....p. 8
- QR Donation Codesp. 8
- Celebrations.....p. 9
- Producer/Director.....p. 9
- Contact Informationp. 10



Ladies celebrate Mothers' Day with a Cinco de Mayo theme Sunday, May 5th, Noon

Ladies and daughters are invited for a Cinco de Mayo themed luncheon and fellowship. We will have a taco bar, macaroni and cheese, applesauce and desserts. Come for a fun afternoon of Cinco de Mayo themed activities and crafts. A sign-up sheet is available on the desk in the welcome center or you can sign up at <https://www.signupgenius.com/go/10C0F4EAFAC2CAAF4C16-48742324-gathering>. **Reservations are due by Sunday, April 28th.** There is no charge for attending but everyone is asked to participate in the service project by bringing diapers and/or baby wipes to be distributed to local families in need through the Boyertown Area Multi-Service. If you have any questions about this event, contact Jean Moser at 610-367-0342.





Treat mom and support youth for Mothers' Day



Saturday, May 11th

Pancake Breakfast

7:30 – 11:00 AM

Fellowship Hall



NHELC's Scouts BSA Troop 367 will host a pancake breakfast. Enjoy a hearty breakfast including pancakes and sausage with an optional addition of "Deluxe" toppings.

Suggested Donation

\$10 for ages 11 and up

\$8 for ages 5-10

Free for ages 4 and under

Add \$2 for Fresh Fruit / Whipped Cream / Chocolate Chips.

Car Wash

8:30 – 11:30 AM

Parking Lot



NHELC's Flutter youth group will host this event. A free-will donation will be received to help fund the youth activities.



Hey kids! Dive into friendship with God at Scuba Kids Camp

June 17th – 21st, 9 AM - Noon

Signups are now open for our 2024 Scuba Kids Camp. We will sing and dance, do crafts, hear stories, have snacks and play games! **Adult and youth helpers are needed to make this camp a success.** Campers should be Pre-K – Rising 5th graders. Rising 6th graders and up can be Junior Counselors. You may sign up at vbspro.events/p/8afc23 or go to the information desk for blank sign up forms.

Youth can register for Camp

CAMP FALCKNER

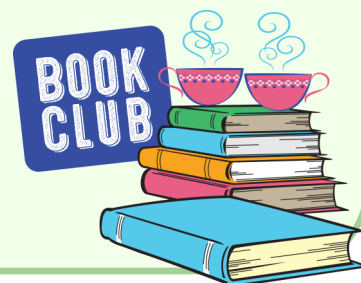
July 22nd - July 25th
(Monday - Thursday)

Camp Falckner is an overnight camp in the picnic grove. All youth who will have finished 5th - 12th grade by the end of the school year are welcome to attend. Registration is now open! Forms can be found in the Welcome Center or on the church website. Online registration is also an option. Questions? Reach out to Lindsey Waltermeyer.

NHELC Book Club

Tuesday, June 4th, 6:30 PM

The NHELC Book Club is reading *Lessons in Chemistry* by Bonnie Garmus. You are invited to join the book discussion at the Plaza Azteca in Greshville. Any questions, contact Sharon Tracey.



Breakfast Fellowship

Men's Breakfast

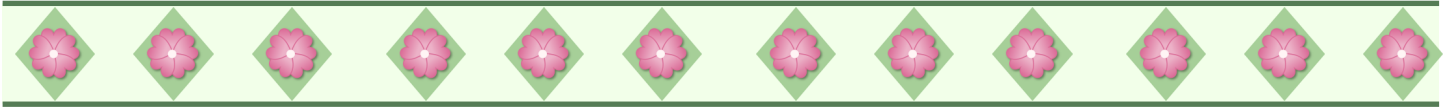
Saturday, May 11th, 8:00 AM
NHELC Fellowship Hall
Scouts Pancake Breakfast

Men note the change in location this month!
No reservations required. For more information, contact Ron Fegley at 484-300-3025.

Woman's Breakfast

Wednesday, May 8th, 8:30 AM
Shorty's Sunflower Café
1494 North Charlotte Street

Women meet on the second Wednesday of the month. Reservations are required. To reserve your seat, contact Sandy Wesner at 215-679-9021 by Tuesday noon before the breakfast.



J.A.M. (Jesus and Me)



NHELC is winding down the J.A.M. year. Join us on May 19th for Pentecost and Affirmation of Baptism (Confirmation Sunday) for a reception and some fun! This will be our last J.A.M. of this school year!

Walk/run to fight hunger

Sunday, May 5th, 2:00 PM

The Pottstown Cluster of Religious Communities will host a CROP HUNGER WALK and fun run at the Hill School. This one mile or 5K event will raise awareness and funds for local and global food security. To participate or to donate, go to pottstowncluster.org/pottstowncrophungerwalk2024. Questions, email communications@pottstowncluster.org or call 610-970-5995.

Got an idea for an NHELC gathering?
NHELC is hosting information and/or project events every other month. If you have an idea for a gathering in the fall, contact Pastor Scott at 610-326-1335 or psstaub@gmail.com.

NHELC GATHERING

Children's Mission Project

Thursday, June 13th, Noon - 3 PM

Come join in a mission project to help children. Participants will gather for lunch (free will offering) and fellowship then create pillow casings and blankets for children with cancer and those in disaster relief shelters.

Please bring a desert to share.



Take me out to the ballgame

Saturday, August 3rd
6:45 PM

Join us for some fun and fellowship at the Reading Phillies Baseball Game on August 3rd. This event is open to NHELCC members and scouting groups. We're hoping for a big turnout so be sure to sign up early. Following the game will be a Megablast Fireworks - you won't want to miss it! Currently, we are waiting for the contract to know what the ticket price will be. If you would like to attend the game, contact Nikki Young or sign up at <https://www.signupgenius.com/go/10C0F4EAFAC2CAA F4C16-49105168-reading>. **Reservations are due by June 1st** so we can guarantee to have enough tickets for all.

Cemetery News

Mowers Needed

Duties consist of general use of lawn mower and weed whacker for the church grounds and the cemetery. This is a paid position. If interested in becoming a church mower, contact Norm Hunsberger at 484-431-3622 or nhunsberger29@gmail.com.

Cemetery Clean Up

If you have Easter decorations on your loved ones' gravesites, please remove the decorations by **Wednesday, May 15th**.



Attention Graduates

If you are graduating this spring – high school or higher education, we would like to celebrate with you. Send us a picture, where you are graduating from and what your future plans are (and anything else you'd like to share). Email your information to nikki.young@newhanoverlutheran.org then watch for the graduation posting in an upcoming newsletter.

Pictorial Directory

Have you submitted a family photo to be included in the new pictorial directory? To submit a picture, email it to Nance White at Nance2237@yahoo.com ASAP. Or, drop off your photo in an envelope in Nance's mailbox in the Archive room. Be sure to include all the names of those in the photo.

Celebrating 325 years ministering to the community

Next year marks the 325th anniversary of NHELCC congregation. And we are going to celebrate throughout the year with special events and services! Do you want to help? Contact Lee Wesner at 215-806-1807, or slwesner@comcast.net. Hurry! The celebration planning has already begun.

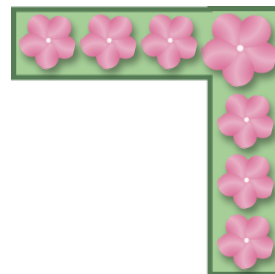
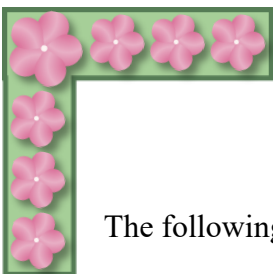
Enter the 325th anniversary communion wine naming contest

For the 325th anniversary of the congregation, a special batch of wine has been created and sponsored by Doug and Bette Senne with the help of Marsha and Pastor Scott in various stages. Now is the time to name the wine and create the artwork for the label. Enter the contest and you could win a bottle of the wine with your creative label.

This is how you can enter.
Submit your entry, "The 325th Anniversary Wine's name should be _____.

Suggested label color(s) and/or additional artwork to be included. _____

Entries are due by June 1st, 2024. You may drop off your suggestion at the church office or send via postal mail or email Pastor Scott at psstaub@gmail.com.



Council Corner

The following items were discussed at the April Council meeting.

✚ An Eagle Scout project from Troop 367 provided several hundred pounds of needed non-perishable food products as well as over \$500 in donations to the NHEL C Food Ministry. A big "Thank You" goes out to Scout Abigail Dawson for leading this successful project!

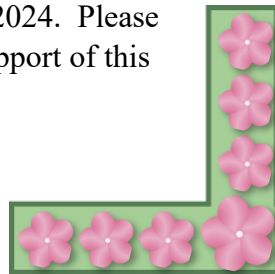
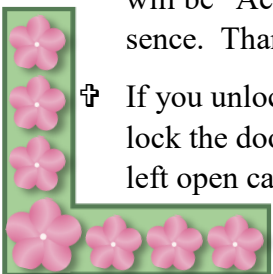
✚ Chef Chris will be out on medical leave from May 20 to July 15. Jim Davidheiser will be "Acting Chef" during Chris' absence. Thank you Jim!

✚ If you unlock a door for church access, lock the door behind you. Doors have been left open causing a security risk.

✚ Giving/offering envelopes - if you do not need offering envelopes please see Scott Geiser or Susan Gutshall (if using Simply Giving or Tithe.ly).

✚ The Council continues to discuss and support the NHEL C Learning Center (pre-school) as they work to determine a plan of action.

✚ The Food Ministry Board will be expanding the Garden of Hope in 2024. Please consider volunteering in support of this *growing* ministry.



Pastor's Message

New Wine in Old Skins

Well as the Bible parable states, it may not be wise to put new wine into old skins as the skins would burst. However, that is not the case with us. We have been putting new wine into a 324-year-old congregation and the bursting has created new flavor in addition to the old familiar taste.

It's a delicate blending process in wine making and a faith community. Blending takes patience and practice, from all ages. The old wine must practice and be patient to make space for the fermenting and ever-changing flavor of the new wine, and the new wine must be patient and practice honoring the space occupied by the traditional flavor and wisdom of the old wine. Blending also is necessary to bring new blended flavor to be relevant to our neighbors and ourselves to enjoy.

Being relevant is key to continuing to be vibrant and survive. Many faith communities in our community have no children, youth or young families.

We just celebrated a worship which witnessed the participation of many generations. Truly a fine blended worship.

As we head into our 325th anniversary celebrations, allow us to share this invitation for all to participate. All of our neighbors regardless of their race, gender, or anything which inhibits them from a sense of belonging. This achievement for a faith community in the United States is so grand and rare. It can only be surpassed by our ability to welcome and embrace all into our old skin (so to speak).

I am so excited by this prospect of achievement for us all. Let us embrace and welcome our neighbors to join us in this celebration of God's blessing. I can't wait to taste the new flavor of NHELCC!

Peace, Pastor Scott

A POINT TO PONDER

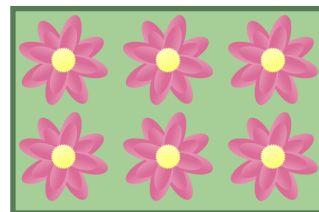
When it rains

The skeleton flower, a perennial native to Japan, has delicate petals that change from opaque white to almost transparent when wet. After it rains, only the flower's intricate, skeleton-like veins are visible.

When the rains come (and they will!) in our lives, the same can be said. Amid difficulty and struggle, our true selves often become more transparent. During a parenting challenge, criticism might emerge. Or while we tackle a tough work project, impatience might rear its ugly head.

Hosea 6:3 (NLT) proclaims: "Oh, that we might know the Lord! Let us press on to know him. He will respond to us as surely as the arrival of dawn or the coming of rains in early spring." The rains will come. Whether you're experiencing light rain or a downpour, ponder what the water reveals. Then ask God how you can be more open to his work in that area.

— Janna Firestone



Peer Support Ministry

The Peer Support Ministry webpage on the church's website (newhanoverlutheran.org) has recently been updated with resources for mental health and wellness. Visit the webpage and check it out.

Mental Health Month

By Marlene Hansley, MSN, RN

May is Mental Health Awareness month. Topics regarding Mental Health dominate the news daily in our world. Taking care of our individual physical and emotional well-being should be part of our daily routine. Emotional wellness allows us to be our healthiest self and helps us to successfully handle any challenges life brings our way. Tips to help us achieve emotional wellness include using healthy coping strategies, reducing stress, getting quality sleep, being mindful, coping with loss, and strengthening social connections. Mindfulness is a practice receiving a great deal of attention today and is very simple to do. Practicing mindfulness helps us to focus on the present and on ourselves. Mindfulness activities that can be practiced regularly are deep breathing, being quiet listening to the sounds around us. Mindfulness is a practice I began to use regularly teaching nursing students in simulation lab to create a focal point for the experience. I began each lab with a minute of mindfulness in which students were quiet, closed their eyes and listened to their own breathing.

During the month of May, we join others to celebrate Mental Health Awareness. Pastor Scott talks weekly on the crisis we face with Mental Health. If you know someone struggling, you understand the need for support. During May, reach out to someone who may need support. All of us at one time in our lives experience life's challenges. Offer the support of yourself as a friend. Resources are available to help everyone in need. If you have not looked at our Peer Support webpage, take time to do so. There are resources and videos related to support others in need. An Emotional Wellness Checklist is available in the Welcome Center to assist you.

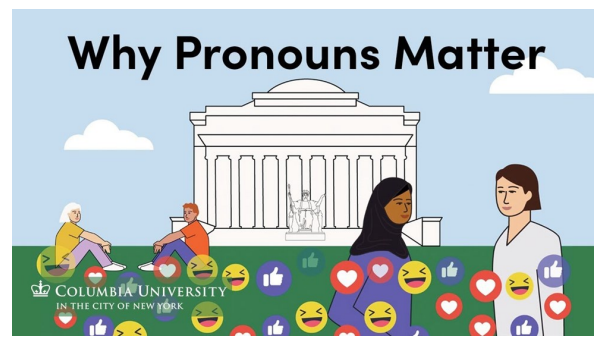
Reference:
www.nih.nih.gov/wellnesstoolkits

Help is available

Millions of people across the nation are affected by mental health conditions. National Alliance on Mental Illness (NAMI) has local centers in both Reading and Lansdale. They offer in-person and online support groups.

NAMI Help Line 1-800-950-6242 and is available Monday - Friday 10:00 AM to 10:00 PM ET. Text "Helpline" to 62640 or if in crisis call or text 988.

PA Addiction Helpline 1-800-662-HELP (4357) Online live chat offered at 1-717-216-0905 or text



What's a pronoun?

Pronouns are used in place of a proper noun (like someone's name). We use pronouns most often when referring to someone without using their name.

Why does it matter?

In English, our most commonly used pronouns (he/she) specifically refer to a person's gender. For queer, gender non-conforming, non-binary, and transgender people, these pronouns may not fit, can create discomfort, and can cause stress and anxiety.

Studies have shown that in transgender youth, using correct pronouns and names reduces depression and suicide risks.

Having trouble understanding why this would upset someone? Think about your pronoun (it's probably "he" or "she"). Now imagine someone calling you the one you don't think of yourself as. Imagine them doing it over and over and over, even after you've corrected them.

Mission Service Disciple's Stories

Self Esteem & Dignity Delivered

NHELCC aided in the delivery of over \$750,000 of Hygiene and household goods during the past three months. What started as a \$250.00 Thrivent Action Team to deliver personal hygiene products to Veterans in need, manifested in the pickup and delivery of tons of personal hygiene, paper household goods and pull ups for all ages.

Together with the Veterans Coalition of PA (VCOP), NHELCC team members distributed the much needed products that bring dignity, self-esteem and most important, SMILES to many souls. The program reaches area schools, churches, homeless tent cities and family shelters.

In addition, over ten area shelters and pantries received everything from deodorant, pull ups, wipes, paper towels, and hygiene products. It didn't take

much, the spark started with a Thrivent Action Team and a few conversations. Together with a major manufacturer, Chosen 300, Opportunity House, Keystone Military Families, VALOR, OLIVET (Girls & Boys Club), and our fabulous giving NHELCC volunteers.

Sometimes it all starts with a simple act of generosity or conversation. I was told once, Discipleship is like one beggar telling another beggar where to get a loaf of bread. Martin Luther's last words spoken says it all, "We are all beggars, this is true." We are all beggars helping and loving our neighbors. If you would like to know more about Mission Service projects, contact Pastor Scott.



Donate to NHELCC using a QR code

NHELCC offers an electronic giving method (in addition to the current Simply Giving platform) that allows users to give via ACH and Credit/Debit Cards without the need to maintain a Tithe.ly account. Simply point your smartphone camera at one of the QR codes to the right, then follow the link.

Tithe.ly
QR Code



Simply Giving
QR Code



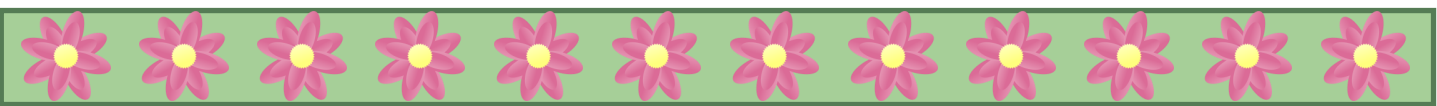
Happy Birthday to Walter Hinrichs, who will celebrate his 91st birthday on May 9th. For those who would like to send Walter a birthday greeting, here is his address.

2195 Martin Drive
Gilbertsville, PA 19525



Also celebrating a birthday in May

- | | | |
|--|---|---|
| 1 Kathleen Bowers, Gabriella Cavalari | 16 Garrett Halteman, Sherry Miller, Steven Peters, Nicholas Trowbridge | 29 Joan Comtois, Audrey Richardson |
| 2 Rodney Eidle, Jonathan Hauck, Kaitlin Robinson, Kayla Ruth, Scot Smale | 17 Anna Camp, Erika Culp, Kevin Dugan, Jean Moser, Ryan Waltermeyer | 30 Emily Gates |
| 3 Bonnie Lynn | 18 Julia Clark, Gary Erb, Tim Hoffman, Morgan Sauers | 31 Natalie Eshbach, Susan Reber |
| 4 John Dugan | 20 Erik Eichenlaub, Emma Hauser, Adam Reber, Jeff Renninger | May Anniversaries |
| 5 Candis Peto, Kathy Smith | 21 Ben Sauers, Sally Sugita | 4 Andrew and Kendra Rothermel |
| 6 Ed Becker, Dan Johnson | 22 Kate Bealer, Joan Brandt, Connor Foskey, Kevin Galloway, Tara Murray, Charla Vandergrift, Will Wilson IV | 5 Bruce and Charlene Forsyth
Doug and Kathy Taylor |
| 7 Mikela Lane, Zachary Van Dyke | 23 Pat Lucas, Kym Walther-Moyer | 9 Robert and Marilyn Malason |
| 8 Brett Boyer, LuAnne Fowler, Sara O'Dell, Jordan Shirk, Brittany Smith | 24 Steven Bealer | 10 Brian and Ariel Hansley |
| 9 Laura Camp | 26 Ashley Fowler, Greg Psota, Donald Smale | 11 Ben and Amy Sauers |
| 10 William Gaugler, Diane Van Dyke | 28 Patricia Hart, Don Wirt | 13 Jim and Joan Brandt |
| 11 Teri Bechtel, Robert Cavalari III, Jacob LeVan | | 14 Thomas and Natalie Harrington |
| 13 Alexander Medlar | | 17 Dennis and Donna Smith |
| 14 Lauren Flack, Todd Gamler, Meagan Sproul | | 20 Tobin and Amy Sharp |
| 15 Heather Gahler, Patricia Hoffman | | 25 Brent and Carol Feick |
| | | 28 Rick and Debbie Solazzo |
| | | 29 Mark and Cheryl Goodwin |
| | | 31 Phil and Jen Boyer
Nelson and Judy Swartley |



Become a producer/director

Sign up with Amy to learn how you can produce and direct our weekly worship service. The sessions will be scheduled for two hours at a time so you can learn and practice using the equipment. There are two spots or one family spot available per training session. A sign-up Genius is available at www.newhanoverlutheran.org.



Keep on shining



Charles W. Naylor (1874-1950) was a traveling evangelist until misfortune struck. First a tentpole fell on him as he prepared for a meeting. A year later, a bus accident left him partially paralyzed.

Despite experiencing chronic pain, Naylor became a prolific author and hymnist, dictating almost 150 songs. He often wrote about God’s loving care amid adversity. One of his hymns begins:

When the winds of persecution blow,
When the streams of hatred tow’rd you flow,
When your foes in number seem to grow,
Just keep on shining.

“God’s comfort in our times of sorrow is not an imaginary thing,” Naylor wrote. “It can be so real that it is a balm for our wounded spirits. Having passed through the experience more than once, [I know] how real and vital and sustaining the comfort of God can be.”



New Hanover Evangelical Lutheran Church
2941 Lutheran Road
Gilbertsville, PA 19525
Office Hours: Monday – Friday, 9:00 AM – 2:00 PM
Call for an appointment.

610-326-1335

newhanoverlutheran.org

facebook.com/NewHanoverLutheranChurch



Staff

Council

Pastor, The Rev. Scott Staub
psstaub@gmail.com
Director of Children, Family & Youth Ministry,
Nikki Young nikki.young@newhanoverlutheran.org
Church Office Manager, Susan Gutshall
susan.gutshall@newhanoverlutheran.org
Director of Music Ministry, Patricia Nyce
patricia.nyce@newhanoverlutheran.org
Food Ministry Director, Chris Fatzinger
Cfatzinger@chris-cooks.com
Grace Band Director, Lindsey Waltermeyer
goldielw@gmail.com
Bell Choir Director, Barbara Eisenhart
eisenbarb@aol.com
Sexton, Jen Boyer
jcboyer0408@gmail.com
Bookkeeper, Maria Boyer
mariaboyer@comcast.net
Cemetery, Norm Hunsberger
namron29@comcast.net

Pastor Scott Staub
President Todd Rothermel
Food Ministry, Garden of Hope, Personnel
Vice-president Marty Hauser
Secretary Steve Eisenhart
History & Archives, Memorial Fund, Worship
& Music
Treasurer Edward Becker
Audit, Finance, Stewardship
Financial Secretary Scott Geiser
Fellowship, Mission Service, Picnic Grove
Monique Becker
Peer Support Ministry
Jim Gross
Building Fund, Cemetery, Property
Yvonne Peto
Christian Education, Flutter
Nance White
Constitution, Mutual Ministry
Jeff Wise
Endowment